






GPCH HILLTOP CAFÉ MENU March 11 thru 15, 2019

Breakfast 7:00 to 9:00

Lunch 11:30 a.m. to 1:00 p.m.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	BREAKFAST Scrambled Eggs Sausage, Bacon Denver Omelet Oatmeal Ass't Muffins toast* fruit*, juice* cereal* pastries	Scrambled Eggs Sausage, Bacon Hot Biscuit Country Gravy Hot Grits toast* fruit*, juice* cereal* pastries	Scrambled Eggs Sausage Links, Bacon Sunrise Casserole Hot Cinnamon Roll Fruit Cup toast* fruit*, juice* cereal* pastries	Scrambled Eggs Bacon, Sausage Breakfast Croissant Eggs, Cheese, Etc. Hash Browns toast* Waffles fruit*, juice* cereal* pastries	Scrambled Eggs Sausage, Bacon French Toast, Syrup Oatmeal Berry Bowl toast* Muffin fruit*, juice* cereal* pastries
<p style="color: green;">Lunch: Wellness Meal</p> 	Entrée: Mongolian Meatball Ramen	Entrée: Lime Tarragon Turkey	Entrée: Poppy Seed Chicken	Entrée: Soup & Salad	Entrée: Baked Salmon Cakes
<p>DELI salads</p> 	Sliced Turkey/Wheat Salad Bar: Eggs	Deli Chicken/Wheat Salad Bar: Cottage Cheese	Hoagie (Luncheon Meat) Salad Bar: ham	Tuna Salad Salad Bar: chicken	Cook's Choice Salad Bar: Aide's Choice
<p>BREAD VEGETABLE</p>	Wheat Roll Seas. Peas & Corn Seas. Italian Beans	Ass't Roll Cheesy Cauliflower Fried Green Beans	Chips, Salsa, Roll Seas. Mixed Veggies Squash Casserole	Wheat Roll Seas. Carrots Seas. Spinach	Ass't Roll Harvard Beets Seas. Brussell Sprouts
<p>STARCH</p>	Fr. Zucchini Sticks Baked Potato	Duchess Potatoes Baked Potato	Seas. Chili Beans Baked Potato	Rice Pilaf Baked Potato	Tator Tots Baked Potato
<p>ENTRÉE</p> 	Mongolian Meatball Ramen Honey Ginger Crusted Chicken Soup: Broccoli Cheese yogurt* gelatin* diet gelatin*	Lime Tarragon Turkey Medallions Malibu Sandwich (ham) Soup: Chicken Tortilla yogurt* gelatin* diet gelatin*	Chimichanga (beef) w/ Cheese Sauce Poppy Seed Chicken Soup: Sausage, Kale, Bean yogurt* gelatin* diet gelatin*	Pepper Steak Over Rice Pilaf Italian Breaded Pork Steak, Gravy Soup: Chicken Noodle yogurt* gelatin* diet gelatin*	Grilled Cheese Sandwich Baked Salmon Cakes Soup: Tomato Bisque yogurt* gelatin* diet gelatin*
<p>DESSERT</p> 	pudding diet pudding* Blueberry Oat Square Ribbon Pudding Dessert	pudding diet pudding* Sweet Potato Cobbler Oatmeal Scotties	pudding diet pudding* Cookie Crumb Pie Pineapple Bar	diet pudding* Apple Crisp Salty Peanut Bar	diet Pudding* Baker's choice

